



C H R I S T I A N

OUTREACH

I N A C T I O N

FREE COMMUNITY SERVICES

Dedicated to transforming the lives of homeless and impoverished individuals in Long Beach so they may reach and sustain self-sufficiency and independence.

MEALS

Breakfast: 7 days a week 7:30am - 8:15am

Lunch: Saturdays & Last Sunday of the Month 11:00am - 12:00pm

Dinner: Monday - Friday 4:30pm - 5:00pm



FOOD BANK

Mondays
Tuesdays
Thursdays
Fridays
10am - 12:00pm



SENIORS ONLY FOOD BANK

Wednesdays
10:00am - 12:00pm
(Age: 55+ / I.D. Required)

For more information, Volunteer, or to Donate



CLOTHING BANK

Wednesdays
1pm - 3:00pm



DIAPER BANK

Fridays
1:00pm - 3:00pm
(Please bring your child and legal form of identification * birth certificate, etc.)



AGENCY REFERRALS

Monday - Friday
10:00am - 4:00pm





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SERVICIOS COMUNITARIOS GRATUITOS

Dedicados a transformar las vidas de indigentes y empobrecido a individuales en Long Beach para que puedan lograr y sostener autosuficiencia y poder ser independiente.

Horario de Comidas

Desayuno: 7 dias a la semana 7:00am - 8:00am

Comida: Sabado y ultimo domingo del mes 11:00am - 12:00pm

Cena: Lunes - Viernes 4:30pm - 5:00pm



Banco de Comida

Lunes
Martes
Jueves
Viernes
10am - 12:00pm

Solo Personas Mayores
Banco de Comida

Miercoles
10:00am - 12:00pm
(Edad: 55+ / I.D. Requerido)



Banco de Ropa
Miercoles
1:00 - 3:00pm



Banco de Panales
Viernes
1:00 - 3:00pm
(Por favor traigan a su hijo/a y una identificacion legal *certificado de nacimiento, etc.)



Para más información



Referencias de Agencias
Lunes - Viernes
10:00am - 4:00pm